

**GILA RŪT CLIENT QUESTIONNAIRE**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Birthday: \_\_\_\_\_

1. How did you hear of the Great Lengths hair extension service by Gila Rūt? \_\_\_\_\_
2. How did you hear of the Salon/Extension artist? \_\_\_\_\_
3. What is your reason for wanting Gila Rūt hair extensions? \_\_\_\_\_  
\_\_\_\_\_
4. Have you ever worn hair extensions before? \_\_\_\_\_  
\_\_\_\_\_
5. If Yes, when and what type? \_\_\_\_\_  
\_\_\_\_\_
6. During any of these services, did you experience excess hair loss or damage to your natural hair? If Yes elaborate. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
7. Are you interested in Gila Rūt to help you “grow out” your hair from its present condition? \_\_\_\_\_  
\_\_\_\_\_
8. What is the longest your hair will grow? \_\_\_\_\_

9. When was the last time you let it grow to that length? \_\_\_\_\_

10. What was your reason for cutting it? \_\_\_\_\_

11. What is your long term goal for your hair? \_\_\_\_\_

12. How long do you want your hair?

Bang \_\_\_\_\_ Sides \_\_\_\_\_

Crown \_\_\_\_\_ Nape \_\_\_\_\_

13. Where do you want to see volume? Bottom of the hair \_\_\_\_\_, or throughout \_\_\_\_\_

14. Where do you want to see more length?

Bang \_\_\_\_\_ Sides \_\_\_\_\_

Crown \_\_\_\_\_ Nape \_\_\_\_\_

15. What is your normal maintenance program? \_\_\_\_\_  
\_\_\_\_\_

16. What products do you use at home and how frequently? \_\_\_\_\_

17. Do you know how often do you get the following services?

Color \_\_\_\_\_

Highlights/ Lowlights \_\_\_\_\_

Perm \_\_\_\_\_

Relaxer \_\_\_\_\_

18. How often do you like to change your style or hair color? \_\_\_\_\_

19. Does your hair tangle easily? \_\_\_\_\_

20. Are you presently taking any medication(s) or under a physician's care? \_\_\_\_\_

What medication(s)? \_\_\_\_\_

How long? \_\_\_\_\_

21. Have you been ill, had surgery or on any medications(s) in the past 6 months or year? \_\_\_\_\_

If yes, elaborate. \_\_\_\_\_

22. Are you planning to have surgery in the next 6 months? \_\_\_\_\_

23. Do you have any allergies (chemicals, medications, substances, materials or any others)? \_\_\_\_\_

\_\_\_\_\_

24. Do you have any medical conditions that may interfere with this service? i.e.: Migraines, headaches, history of scalp problems? Please explain \_\_\_\_\_

25. Are you presently experiencing an unusual amount of hair loss? \_\_\_\_\_

Reason: chemotherapy, stress, pregnancy, alopecia, hormones, etc. \_\_\_\_\_

26. Special interests or hobbies: \_\_\_\_\_

27. Work-out or sport

Activities: \_\_\_\_\_

28. Do you use tanning beds? \_\_\_\_\_ If yes, how often? \_\_\_\_\_

29. Any questions or concerns regarding the service? \_\_\_\_\_

\_\_\_\_\_

**MODEL RELEASE FORM:**

I GIVE MY PERMISSION TO GILA RŪT AVEDA SALON TO SHOW OR USE ALL BEFORE AND AFTER PICTURES IN PUBLIC. I WILL NOT RECEIVE ANY GRATUITY OR FEE.

\_\_\_\_\_ Date \_\_\_\_\_

(SIGNATURE)

## MEDICAL INTERACTIONS THAT MAY CAUSE HAIR LOSS

Some drugs have been reported as causing hair loss in some individuals. While not everyone will experience hair loss, some drugs are more likely to cause hair loss than others.

The following is a partial list of drugs that have been reported to have a side effect of hair loss:

### **Cholesterol-lowering drugs**

Clofibrate (Atromin-S)  
Gemfibrozil (Lopid)

### **Parkenson medications**

Levodopa (Dopar, Larodopa)

### **Ulcer drugs**

Cimetidine (Tagamet)  
Ranitidine (Zantac)  
Famotidine (Pepcid)

### **Anti-coagulents**

Coumarin  
Heparin

### **Agents for Gout**

Allopurinol (Iopurin, Zyplolrim)

### **Anti-arthritics**

Penicillamine  
Auranofin (Ridaura)  
Indomethacin (i/Indicin)

Naproxen (Naprosyn)

Sulindac (Clinorilo)

Methotrexate (Folexo)

### **Anti-convulsants**

Trimethadion (Tridione)

### **Beta Blockers**

Atenolol (Tenormin)  
Metoprolol (Lopressor)  
Nadolol (Corgard)  
Propranolol (Inderal)  
Timolol (Blocadren)

### **Anti-Thyroid agents**

Carbimazole  
Iodine  
Thiocyanate  
Thiouracil

### **Calcium Channel Blockers**

Calan 240mg.

### **Others**

Blood thinners  
Some male hormones  
(anabolic steroids)  
Most anti-cancer medications

### **Drugs derived from vitamin-A**

Isotretinoin (Accutane)  
Etretinate (Tegison)

### **Anti-depressants**

Tricyclics  
Amphetamines

The above drugs are only a few of the drugs that have been reported as contributing toward hair loss. If you suspect your hair loss is due to medication, consult with your doctor and pharmacist.

Source: Health Review Magazine, January 1996

Other resources: [www.webmd.com](http://www.webmd.com), [www.hairloss.com](http://www.hairloss.com), rxlist

HOME CARE MAINTENANCE

1. Do not shampoo for two days. Always wash your hair with your head back and not tilted forward. Never dry with a scrubbing action, instead wrap with a towel to absorb water. Always dry bonds to prevent bond breakdown.
2. Always use Anti-Tap after every wet treatment on the bonds. Mix 1oz. of Anti-Tap to 8oz. of water in a spray bottle. If you cannot shampoo immediately anytime when the bonds are wet, spray Anti-Tap on the bonds and then dry bonds. Shampoo, apply Anti-Tap and then dry the bonds as soon as possible. Do not use sulfur products or water that has sulfur.
3. Brush Great Lengths three times a day, with recommended brush. Brush row-by-row, scalp to ends, starting from the nape up. Always pull Great Lengths into a scrunchy while sleeping or any activity that has your hair blowing in the wind. If you have curly hair, brush once in the morning and once at night. Use a wide toothed comb to gently remove tangles from mid-shaft to ends. Do not use a comb near the scalp area or the Great Lengths bonds.
4. All the above is extremely important to prevent tangling or matting.
5. No ponytails tight or high on top of the head. No ponytails put up and left wet.
6. Return to the salon in two weeks for a checkup service. \_\_\_\_\_
7. Curling irons, flat irons and hot rollers may be used, but must be kept an adequate distance from the Great Lengths bond, approximately 1 ½ inches from the bond. Do not use a hot blow dryer on the bond area, medium heat only.
8. Activities taking place in a constant damp environment such as aerobics, steam baths or saunas, may lessen the longevity of the Great Lengths service. Precautions should be taken to avoid these conditions being repeated.
9. Sea water and pools can cause bond breakdown due to the constant damp environment. To minimize these effects, wet hair completely in a shower and apply Anti-Tap prior to swimming. After swimming, shampoo, apply Anti-Tap and blow-dry the bonds to prevent bond breakdown.
10. Some extension loss is normal and to be expected. Average Client hair loss is 50-150 hairs a day. A full head application covers approximately one third of the head. You can expect to see a small quantity of naturally released hairs trapped in the attachments after some time. This is normal and should not be interpreted as hairs pulled out of the scalp by the extensions themselves. Daily brushing close to the scalp and finger separation of the applied strand will avoid matting in this area. Pull trapped hairs back toward scalp to loosen before separating strands.

**I have read, initialed and understand my Home Care Maintenance sheet. If I do not follow the above instructions, I understand Gila Rüt Aveda Salon cannot be held responsible. I understand if I do not follow the Home Care Maintenance sheet, that the Great Lengths service cannot be held responsible.**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Stylist: \_\_\_\_\_ Date: \_\_\_\_\_